# TECHNICAL REFERENCE Code of practice for the preparation of ready-toeat raw fish





**TR 79 : 2020** (ICS 67.020; 67.120.30)

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#### Foreword

This Technical Reference (TR) was prepared by the Working Group on Ready-to-eat Raw Fish under the direction of the Food Standards Committee (FSC). The FSC endorsed the TR on 9 October 2020.

This TR is developed to meet the demand by consumers for ready-to-eat (RTE) raw fish in terms of good hygiene practices. It aims to set best practices in handling, storage and processing of RTE raw fish to ensure it is safe for consumers eating it without further heat treatment. This will ensure consumer safety by preventing the growth and multiplication of bacteria that may cause food spoilage and foodborne illnesses.

This TR is a provisional standard made available for application over a period of three years. The aim is to use the experience gained to update the TR so that it can be adopted as a Singapore Standard. Users of the TR are invited to provide feedback on its technical content, clarity and ease of use. Feedback can be submitted using the form provided in the TR. At the end of the three years, the Technical Reference will be reviewed, taking into account any feedback or other considerations, to further its development into a Singapore Standard if found suitable.

This TR is expected to be used by importers, local processors, transportation and food retail establishments of RTE raw fish.

It is presupposed that in the course of their work, users will comply with all relevant regulatory and statutory requirements. Some examples of relevant regulations and acts are listed in the Bibliography. The Singapore Standards Council and Enterprise Singapore will not be responsible for identifying all of such legal obligations.

Attention is drawn to the possibility that some of the elements of this Technical Reference may be the subject of patent rights. Enterprise Singapore shall not be held responsible for identifying any or all of such patent rights.

#### NOTE

<sup>1.</sup> Singapore Standards (SSs) and Technical References (TRs) are reviewed periodically to keep abreast of technical changes, technological developments and industry practices. The changes are documented through the issue of either amendments or revisions. Where SSs are deemed to be stable, i.e. no foreseeable changes in them, they will be classified as "Mature Standards". Mature Standards will not be subject to further review, unless there are requests to review such standards.

<sup>2.</sup> An SS or TR is voluntary in nature except when it is made mandatory by a regulatory authority. It can also be cited in contracts making its application a business necessity. Users are advised to assess and determine whether the SS or TR is suitable for their intended use or purpose. If required, they should refer to the relevant professionals or experts for advice on the use of the document. Enterprise Singapore and the Singapore Standards Council shall not be liable for any damages whether directly or indirectly suffered by anyone or any organisation as a result of the use of any SS or TR. Although care has been taken to draft this standard, users are also advised to ensure that they apply the information after due diligence.

<sup>3.</sup> Compliance with a SS or TR does not exempt users from any legal obligations.

## Code of practice for the preparation of ready-to-eat raw fish

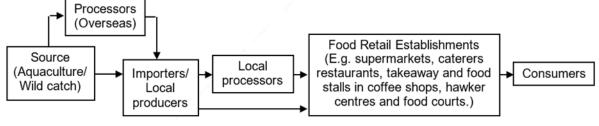
#### 0 Introduction

Fish is commonly consumed by our local population for their health and nutritional benefits. In Singapore, it is a common sight to see families and friends gather to celebrate the Lunar New Year by tossing yusheng, a salad commonly consisting of raw fish and a variety of vegetables and condiments. However, raw fish is a highly perishable food, particularly in our hot and humid environment. The reported dangers of illnesses brought on by eating raw fish often cause fear and confusion to consumers. Recognising the risk of infection, but uncertain of the severity, some consumers continue eating raw fish and ignoring the dangers. Food poisoning from raw fish occurs when consuming raw fish that has become too warm before serving or been contaminated with an infectious organism - a virus, parasite or bacterium - or a toxin from an infectious organism. Contamination of raw fish can occur at any time during its storage, handling or preparation. There is no cooking process to kill any pathogens and other harmful organisms in the raw fish. Hence, to minimise food poisoning from readyto-eat (RTE) raw fish, it is prudent to develop a detailed code of practice for local food establishments (processors and retail outlets) preparing RTE raw fish for human consumption. This Technical Reference (TR) defines the hygienic recommendations and the control measures for local processors/handlers during transportation and at food retail establishments to ensure safe RTE raw fish.

This TR is intended for use by food establishments handling RTE raw fish for sale in Singapore.

#### 1 Scope

This TR provides requirements and recommendations for the handling RTE raw fish at source, processors, during transportation and at food retail establishments. It also covers control measures that can prevent pathogenic bacterial and parasitic contamination to minimise the risk of food-borne illnesses. Figure 1 illustrates the various stages in the supply of raw fish intended to be consumed uncooked from the source to the consumers.



Refers to transportation (where applicable)

#### Figure 1 – Typical flow of the supply of raw fish intended to be consumed uncooked

#### 2 Normative references

There are no normative references in this TR.