

SINGAPORE STANDARD Code of practice for tofu and related products

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SINGAPORE STANDARD

Code of practice for tofu and related products

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Foreword

This Singapore Standard was prepared by the Working Group on Tofu and Related Tofu Products under the direction of the Food Standards Committee.

Tofu is one of the most popular foods in Singapore, offering an excellent and highly palatable source of protein at a reasonable price to the local population. It is widely sold in the "wet markets" and also in supermarkets. It is preferable to store tofu in a chilled state.

This standard aims to provide a comprehensive guide on hygiene requirements to all operations involved in the manufacture, distribution and sale of tofu and tofu products.

In preparing this standard, reference was made to the following publications:

- 1. CAC/RCP1 1969, General Principles of Food Hygiene, Revision 4 2003, CODEX Alimentarius
- 2. Guidelines for the Handling of Chilled Foods, 1982, Institute of Food Science & Technology (UK)
- 3. Singapore Standard Code of Practice 3: 1988 Code of practice for Food Hygiene (General)
- 4. Tofu Standards, 1986, Soyfoods Association of America

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Acknowledgement is made for the use of information from the above publications.

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Code of practice for tofu and related products

0 Introduction

Tofu or Chinese bean curd is also known as soya bean curd, bean curd or soybean curd. Although there are many varieties of tofu, all tofu are made from three basic ingredients/additives – soybeans, water and coagulants. Tofu contains the bulk of protein found in the original soybeans.

Tofu has a soft texture and is sold in cakes. It is similar to "silken tofu", a Japanese invention, except that it is lightly pressed. "silken tofu", known as "Japanese tofu" in Singapore refers primarily to a product for which no pressing is involved in the manufacturing process and the tofu has not been drained of its whey.

Another very popular variety of tofu is tau kwa.

1 Scope

This code recommends general hygienic practices for use in the manufacturing and handling (including processing, packaging, storage, transport, distribution and sale) of tofu products for human consumption, in order to ensure a safe, sound and wholesome product for the benefit of the consumer.

This code is intended to apply to all types of tofu products and especially those which have been subjected to the process of pasteurisation set out in Clause 4 of this code and which are offered for sale in its chilled state.

The provisions of this code should be interpreted as recommendations and are intended as a guide to assist in the production and handling of the tofu products in order to maintain their quality up to the time of final sale.

2 Normative references

The following referenced documents are indispensable for the application of this standard. For dated references, only the edition cited applies. For undated references, the latest edition of the referenced document (including any amendments) applies.

CAC/RCP1 – 1969, General Principles of Food Hygiene, Revision 4- 2003, CODEX Alimentarius